Efficacy and safety of autologous BCMA-directed mRNA CAR T-cell therapy in generalized myasthenia gravis: Results from a phase 2b randomized placebo-controlled trial

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T. Vu¹, H.D. Tekce², M. Rivner³, S. Shroff⁴, T. Ragole⁵, B. Myers⁶, M. Pasnoor⁷, G. Small⁸, K. Gwathmey⁹, C. Karam¹⁰, M. Vullaganti¹¹, A. Peltier¹², G. Sahagian¹³, M.H. Feinberg¹⁴, A. Slansky¹⁵, C. Barnett-Tapia¹⁶, M. Badruddoja¹⁷, Z. Siddiqi¹⁸, H. Kamboh¹⁹, M. Kurtoglu¹⁹, C.M. Jewell¹⁹, M.D. Miljkovic¹⁹, T. Mozaffar²⁰, J.F. Howard²¹ for the MG-001 Study Team

¹University of South Florida, Tampa, FL, USA; ²Istanbul University, Istanbul, Turkey; ³Augusta University, Augusta, GA, USA; ⁴Houston Methodist Hospital, Houston, TX, USA; ⁵University of Colorado, Aurora, CO, USA; ⁶Dent Neurologic Institute, Amherst, NY, USA; ⁷University of Kansas Medical Center, Kansas City, KS, USA; ⁸Allegheny General Hospital, Pittsburgh, PA, USA; ⁹Virginia Commonwealth University, Richmond, VA, USA; ¹⁰University of Pennsylvania, Philadelphia, PA, USA; ¹¹Tufts University, Boston, MA, USA; ¹²Vanderbilt University, Nashville, TN, USA; ¹³Profound Research, San Diego, CA, USA; ¹⁴SFM Research, Boca Raton, FL, USA; ¹⁵Neurology Associates, P.A., Maitland, FL, USA; ¹⁶Toronto General Hospital, Toronto, Canada; ¹⁷Center for Neurosciences, Tucson, AZ, USA; ¹⁸University of Alberta, Edmonton, Canada; ¹⁹Cartesian Therapeutics, Frederick, MD, USA; ²⁰University of California, Irvine, CA, USA; ²¹University of North Carolina, Chapel Hill, NC, USA.

Key takeaways



A single course of six once-weekly infusions of Descartes-08 administered in the outpatient setting resulted in **robust and durable clinical responses** through 12 months



Descartes-08 was well tolerated, with no reported cases of cytokine release syndrome, neurotoxicity, immune suppression, or clinically significant cytopenias



The pivotal **phase 3 AURORA trial** (NCT06799247) is currently enrolling to further evaluate the safety and efficacy of Descartes-08 in generalized myasthenia gravis (gMG)

Introduction

Myasthenia gravis (MG) is an autoimmune condition characterized by chronic weakness and muscle fatigue.^{1,2}

MG is driven by the secretion of autoantibodies from pathogenic B-cell maturation antigen (BCMA)-expressing plasma cells,³⁻⁵ which cause tissue destruction and reduce the functionality of defined antigens at the neuromuscular junction, including acetylcholine receptors (AChR).^{2,6}

Modulation of targets upstream of autoantibody production, such as pathogenic BCMA-expressing plasma cells, has the potential to improve therapeutic durability and tolerability for patients with MG compared with existing therapies that broadly suppress the immune system.

Descartes-08 is an autologous, BCMA-targeted, chimeric antigen receptor (CAR) T-cell product administered in the outpatient setting.⁵

In a phase 1b/2a open-label study in patients with gMG, a single course of six once-weekly infusions of Descartes-08 resulted in robust and durable clinical responses through 12 months of follow-up with a favorable safety profile.⁵

Objective

Assess the efficacy of Descartes-08 versus placebo in adults with gMG using the MG Composite (MGC) score at Month 3.

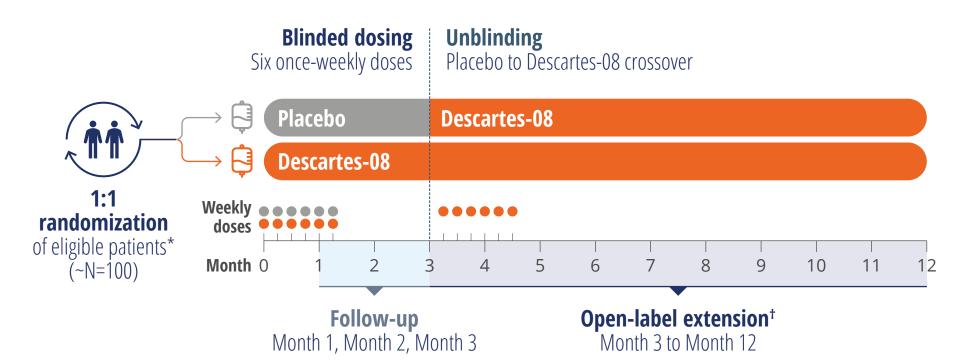
Methods

Study design

A phase 2b, double-blind, placebo-controlled trial of Descartes-08 in adults with gMG.

Patients eligible for inclusion were randomized 1:1 to receive either six once-weekly intravenous infusions of Descartes-08 or placebo with a 12-month follow-up period post infusion (Figure 1).

Figure 1. Study design



*Patients underwent leukopheresis for Descartes-08 manufacturing purposes ahead of randomization. Patients eligible for inclusion were those with MG-ADL score ≥6, MGFA Class II–IV, and non-MuSK+ gMG. Permitted concomitant medications were pyridostigmine, corticosteroids (≤40 mg prednisone daily or equivalent), azathioprine, mycophenolate mofetil, and complement inhibitors, provided a stable dose at least 8 weeks prior to first infusion. †During open-label extension, follow-up for patients randomized to the placebo to Descartes-08 crossover treatment cohort occurred at Months 3, 4, 6, 9 and 12 post infusion; follow-up for those randomized to the Descartes-08 cohort occurred at Months 4, 6, 9, and 12. gMG, generalized myasthenia gravis; MG-ADL, Myasthenia Gravis-Activities of Daily Living; MGFA, Myasthenia Gravis Foundation of America; MuSK+, muscle-specific tyrosine kinase antibody positive.

Study endpoints

Primary endpoint:

The proportion of patients achieving a ≥5-point decrease in MGC at Month 3 compared with baseline.

Secondary endpoints:

Safety and tolerability of Descartes-08 in patients with gMG. Mean change from baseline in MGC and MG-Activities of Daily Living (MG-ADL) scores at each post infusion visit.

Statistical analyses

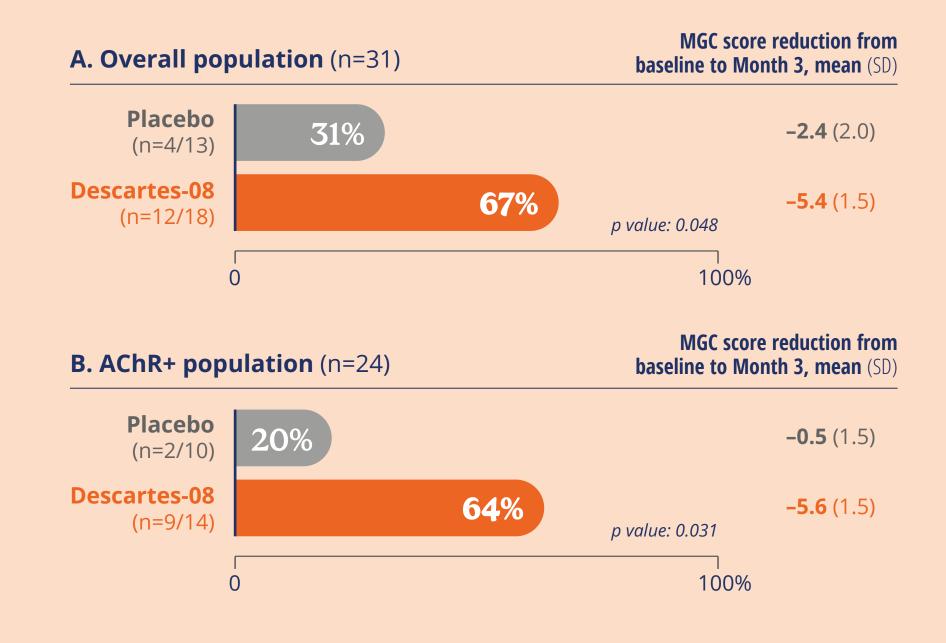
Analyses were performed on the overall patient population, which comprised per-protocol and modified intention-to-treat patients (those enrolled at academic centers with at least one follow-up).

A pre-specified subgroup analysis was performed to assess the efficacy and durability of Descartes-08 in patients positive for autoantibodies against AChR (AChR+).

Two independent samples testing for equality of proportions was used for the primary endpoint; Mann–Whitney U test and descriptive statistics were used for the secondary endpoints.

Efficacy

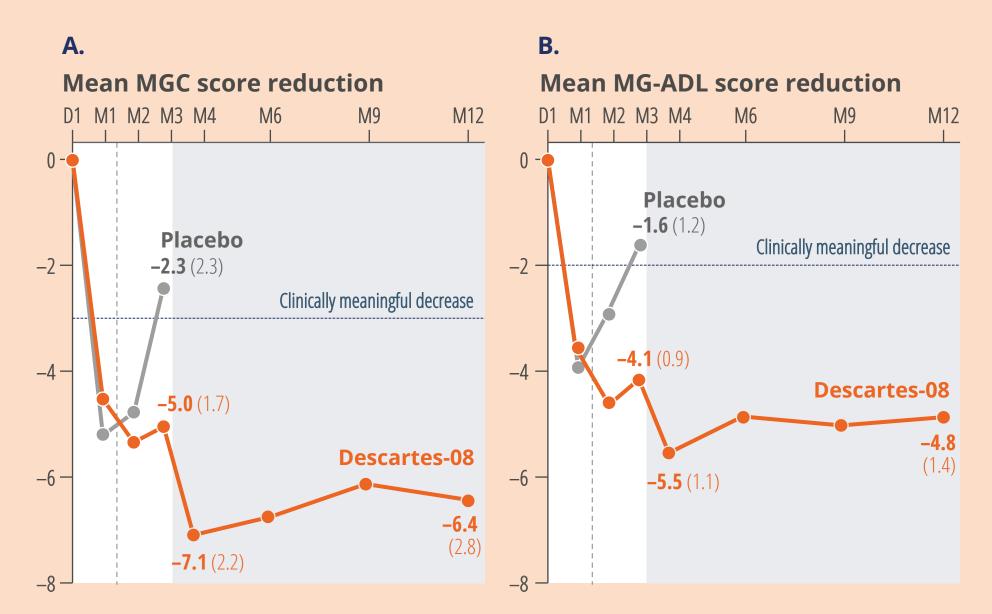
Figure 2. The proportion of MGC score responders (≥5-point score reduction) was **significantly higher in the Descartes-08 cohort** versus placebo at Month 3 in both the overall (A) and AChR+ (B) populations



Per-protocol population. AChR+, positive for autoantibodies against the acetylcholine receptor; MG-ADL, Myasthenia Gravis-Activities of Daily Living; MGC, Myasthenia Gravis Composite; SD, standard deviation.

The mean reduction in MG-ADL score at Month 3 was **higher for the Descartes-08 treatment cohort** versus placebo for both the overall (-4.0 versus -1.7) and AChR+ (-3.4 versus -0.9) patient populations.

Figure 3. Mean reduction in MGC (A) and MG-ADL (B) scores was greater with Descartes-08 versus placebo at Month 3, with further deepening at Month 4, which was maintained through Month 12



mITT population: Descartes-08, n=15 D1 to M3, and n=12 M4 to M12 (three patients lost to follow-up); placebo, n=11 D1 to M3. Dashed line shows end of infusion; shaded area represents open-label follow-up period. Clinically meaningful decrease was defined as a ≥2-point reduction in MG-ADL score. Minimum symptom expression was defined as an MG-ADL score of 0 or 1. D, day; M, month; MG-ADL, Myasthenia Gravis-Activities of Daily Living; MGC, Myasthenia Gravis Composite; mITT, modified intention-to-treat.

83% of participants treated with Descartes-08 reaching Month 12 maintained **clinically meaningful response.**

33% of patients achieved **minimum symptom expression** at Month 6, which was sustained through Month 12.

Safety

Descartes-08 demonstrated a well tolerated safety profile.

Table 1. The most commonly observed treatment-emergent adverse events through Month 3 for the Descartes-08 treatment cohort were **chills**, **headache**, **fever**, and **nausea**, which typically resolved 24 hours post infusion

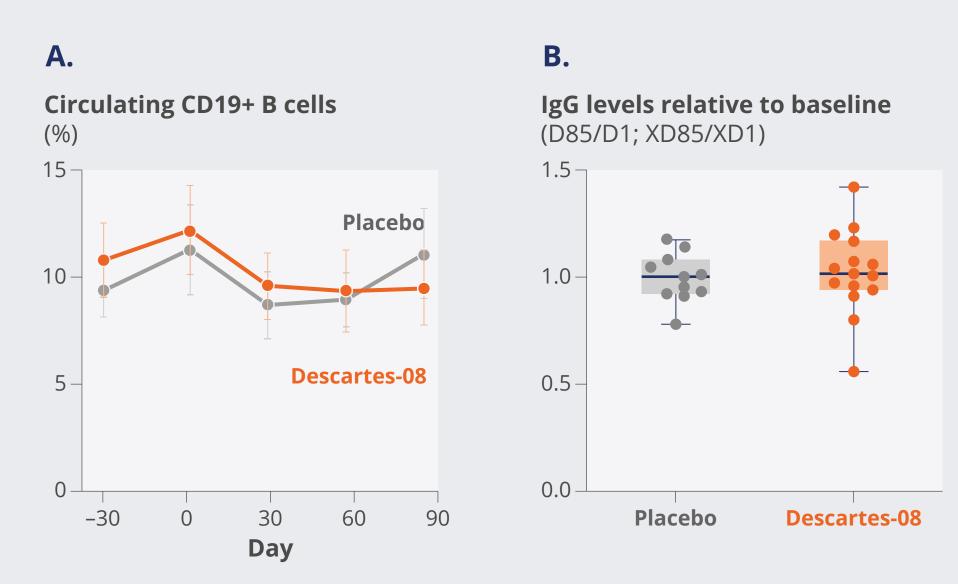
Placebo (n=16)			Descartes-08 (n=20)			
AE, % (n)	Grade 1	Grade 2	Grade 1	Grade 2	Grade 3	
Chills			40 (8)	20 (4)		
Headache	13 (2)	19 (3)	35 (7)	20 (4)		
Fever			35 (7)	20 (4)	5 (1)	
Nausea	6 (1)	13 (2)	15 (3)	30 (6)		
Myalgia			20 (4)	10 (2)		
Fatigue	6 (1)		20 (4)	5 (1)		
Infusion-related reaction	6 (1)		5 (1)	10 (2)	5 (1)	
Tachycardia			15 (3)			
Dysgeusia			15 (3)			
Vomiting			10 (2)	5 (1)		

AEs with a cumulative incidence of ≥15%. Total AEs reported through Month 3 for placebo-treated patients and through Month 12 for Descartes-08-treated patients. Safety dataset comprises all subjects who received at least one dose of Descartes-08 or placebo. AE, adverse event.

There were **no reports** of cytokine release syndrome or immune effector cell–associated neurotoxicity syndrome.

There were **no AEs reported after Month 3** post infusion.

Figure 4. There were **no observed changes** in circulating CD19⁺ B cells up to 90 days post infusion (A) or in IgG levels at Day 85 versus Day 1 (B)



For panel A, data at each time point represent mean±SEM for all patients (n=35). For panel B, data are individual values, median, range and IQR (n=26). D, day; IQR, interquartile range; SEM, standard error of the mean.

At Month 3, there were **no differences in vaccine titers in either the Descartes-08 or the placebo** treatment cohort relative to baseline (Supplementary Figure).

Patients

Demographics, baseline disease characteristics, and prior and ongoing treatments were comparable between treatment cohorts.

Table 2. Patient characteristics and demographics

		Place	ebo (n=16)	Desca	nrtes-08 (n=20)
	Female, % (n)	62.5	(10)	55.0	(11)
	Age, years, mean (SD)	57.8	(14.4)	59.4	(14.7)
Median duration of disease, years (range)		5	(1-23)	6	(0-26)
	Class II	25.0	(4)	25.0	(5)
MGFA class at screening, % (n)	Class III	68.8	(11)	70.0	(14)
	Class IV	6.3	(1)	5.0	(1)
MG antibody status, % (n)	AChR+	75.0	(12)	80.0	(16)
	LRP4+	0	(0)	5.0	(1)
	Sero-negative	25.0	(4)	15.0	(3)
MGC score, median (min, max)		17.5	(8, 33)	16.5	(7, 28)
MG-ADL score, median (min, max)		9.5	(6, 16)	9.0	(5, 16)
Clinical characteristics, % (n)	Diagnosis of thymoma*	31.3	(5)	10.0	(2)
	Previous thymectomy	50.0	(8)	30.0	(6)
	Previous MG crisis requiring MV	0		15.0	(3)

*p<0.05. AChR+, positive for autoantibodies against the acetylcholine receptor; LRP4+, autoantibodies against the lipoprotein-4 receptor; MG, myasthenia gravis; MG-ADL, Myasthenia Gravis-Activities of Daily Living; MGC, Myasthenia Gravis Composite; MGFA, Myasthenia Gravis Foundation of America; MV, mechanical ventilation; SD, standard deviation.

Table 3. Prior and ongoing treatments

		Placebo (n=16)	Descartes-08 (n=20)
Previous MG therapies (SoC), % (n)	IVIG	87.5 (14)	70.0 (14)
	Pyridostigmine	75.0 (12)	55.0 (11)
	Other immunosuppressants	75.0 (12)	40.0 (8)
	Prednisone	37.5 (6)	40.0 (8)
	FcRn antagonist	37.5 (6)	30.0 (6)
	Plasma exchange	50.0 (8)	20.0 (4)
	Complement inhibitor	37.5 (6)	15.0 (3)
MG ongoing therapy, % (n)	Pyridostigmine	62.5 (10)	80.0 (16)
	Prednisone	50.0 (8)	50.0 (10)
	Azathioprine	18.8 (3)	30.0 (6)
	Mycophenolate mofetil	43.8 (7)	20.0 (4)
	Complement inhibitor	18.8 (3)	15.0 (3)

FcRn, fragment crystallizable receptor neonatal; IVIG, intravenous immunoglobulin; MG, myasthenia gravis; SoC, standard of care.



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Supplementary figure

Anti-men Sero A titer

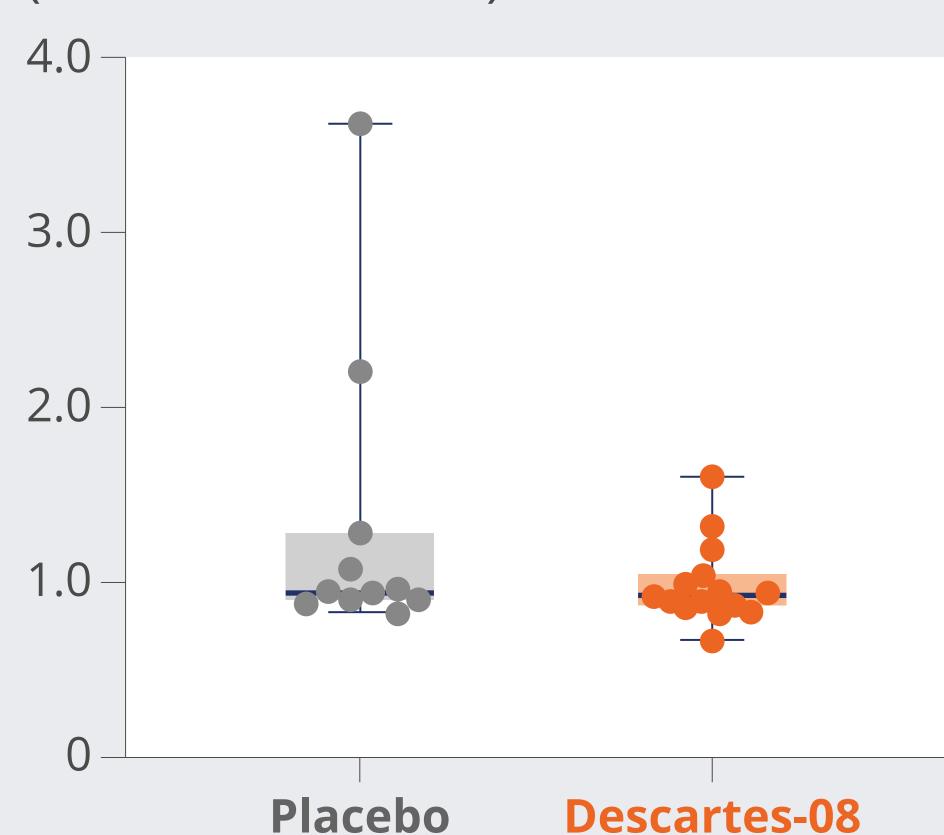
There was **no significant change from baseline in common vaccine titers** at primary end point (Day 85) for patients treated with Descartes-08 or placebo

Relative change (D85 from baseline) 2.0 1.5 1.0 0.5-

Placebo

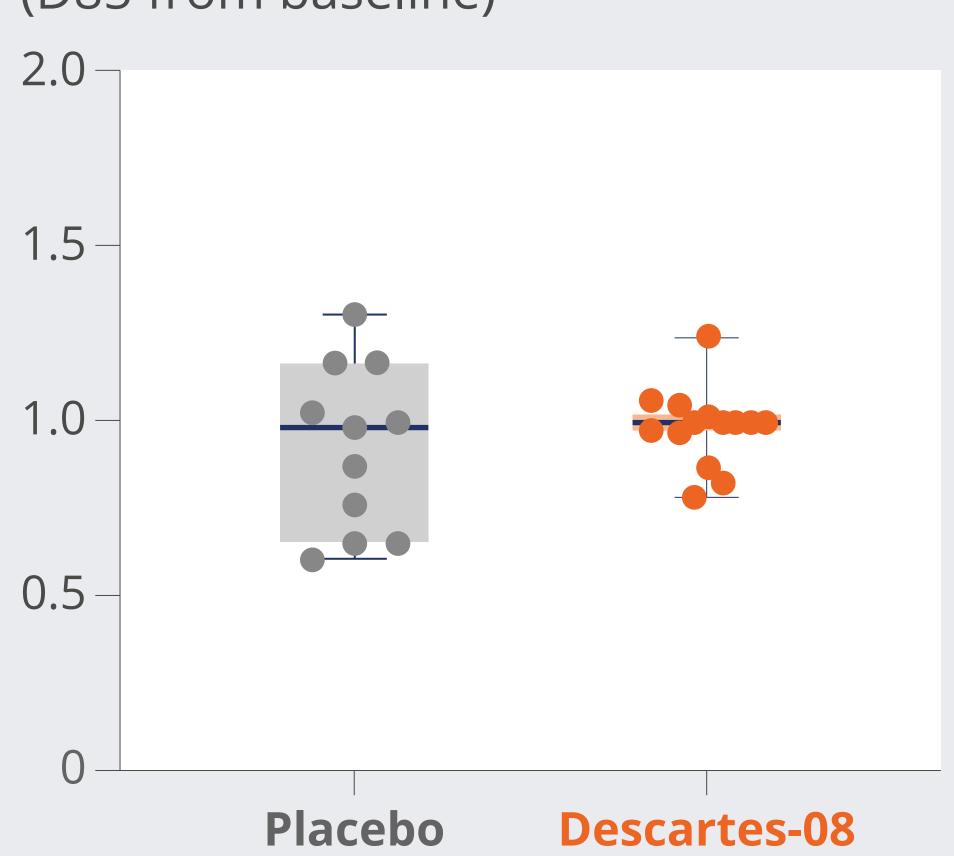
Anti-VZV titer

Relative change (D85 from baseline)



Anti-tetanus titer

Relative change (D85 from baseline)



Data indicate change in vaccine titers for each participant in the mITT group (n=26) at Day 85 relative to Day 1. Data are individual values, median, range and IQR. Additional analyses demonstrated no differences between Descartes-08 and placebo for anti-men sero C, anti-men sero W135, anti-men sero Y, anti-diphtheria, anti-measles, anti-mumps, and anti-rubella titers (data not shown). D, day; Men, meningococcal; sero, serotype; VZV, varicella zoster.

Descartes-08